

# St Giles and Shipbourne NEWSLETTER



**February 2023**

## OFFICERS OF ST GILES AND VILLAGE ORGANISATIONS

### ST GILES

Rector of Shipbourne with Plaxtol:	811081
Rev Dr Peter Hayler	Email: <a href="mailto:RectorSwP@gmail.com">RectorSwP@gmail.com</a>
The Rectory, The Street, Plaxtol TN15 0QG	<a href="http://shipbourne.com/st-giles-church/">http://shipbourne.com/st-giles-church/</a>
Curate	Mr Mark Packer 07970-709006
Lay Reader	Mr P Brewin 810361
Churchwardens:	Ms C Jackson 07729814798
	Mr A Boorman 352597

### PAROCHIAL CHURCH COUNCIL

Secretary:	Mrs C Chambers	382228
Treasurer:	Mr P Sandland	07866 588856
Deanery Synod Rep:	Mr N Ward	810525

### CHURCH OFFICERS

Parish Safeguarding Officers:	Ms C Jackson	07729814798
	Miss G Coates (children)	811432
Choirmaster:	Mr J Young	810289
Electoral Roll:	Mrs H Leach	811144

Flower Guild:	Mrs F Ward	810525
Bell Ringing:	Graham Edwards	07487 729549

### SHIPBOURNE PARISH COUNCIL

Parish Clerk:	Sarah Huseyin	886402	<a href="mailto:shipbourneparishcouncil@gmail.com">shipbourneparishcouncil@gmail.com</a>
Chair:	Nick Tyler	811079	
Councillors:	S Oram	V Redman	P Leach
	J Sheldrick,	J Bate	A Dagger

VILLAGE WEBSITE [www.shipbourne.com](http://www.shipbourne.com)

### SHIPBOURNE SCHOOL

Head:	Mrs Terri Daters	<a href="mailto:TDaters@bournepartnership.org">TDaters@bournepartnership.org</a>
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### SHIPBOURNE VILLAGE HALL

Chairman:	Curtis Galbraith	763115	<a href="mailto:shipbourne.villagehall@gmail.com">shipbourne.villagehall@gmail.com</a>
Bookings:	Helen Leach	811144	

### SHIPBOURNE FARMERS' MARKET

Manager:	Bob Taylor	833976
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### SHIPBOURNE WI

President	Barbara Jones	811152	<a href="mailto:b.jones162@btinternet.com">b.jones162@btinternet.com</a>
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### SHIPBOURNE CRICKET CLUB

Secretary:	Mark Fenton
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### PLAXTOL & SHIPBOURNE TENNIS CLUB

Membership:	Cilla Langdon-Down	810338
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### SHIPBOURNE HOUSING TRUST LTD

Chairman:	Alan Bristow		
Hon Secretary	John Playle	810562	<a href="mailto:johndanjanetp@gmail.com">johndanjanetp@gmail.com</a>

### ST GILES' AND SHIPBOURNE NEWSLETTER

Editor/Adverts:	Lindsay Miles	810439	<a href="mailto:lindsay_miles@btinternet.com">lindsay_miles@btinternet.com</a>
Copying:	Mary Perry	810797	

**Rector of Shipbourne with Plaxtol**  
 Rev Dr Peter Hayler  
 The Rectory, The Street, Plaxtol TN15 0QG  
 Tel: 01732-811081 / E-mail: RectorSwP@gmail.com

### PARISH DIARY – FEBRUARY 2023

**Except where indicated below, the main morning service at ST GILES, SHIPBOURNE is at 9.30am. Every weekday at 8.00am Morning Prayer will be said at Plaxtol and every weekday evening (except Friday and Saturday) at 4.30pm Evening Prayer will be said at St Giles, Shipbourne.**

*St Giles Shipbourne is open for organ practice and private prayer daily except Mondays from 9.00am to 3.00pm <http://shipbourne.com/st-giles-church/>*

<b>Thursday</b>	<b>2<sup>nd</sup></b>	<b>9-11am</b>	<b>Farmers Market at St Giles, Shipbourne</b>
<b>SUNDAY</b> <i>3<sup>rd</sup> before Lent</i> <b>Septuagesima</b>	<b>5<sup>th</sup></b>	8.00am	Holy Communion at Plaxtol Church
		<b>9.30am</b>	<b>Parish Communion at St Giles, Shipbourne</b>
		11.00am	Family Service with Communion at Plaxtol Church
		Readings:	Isaiah 58, 1-12; Corinthians 2: 1-12; Matthew 5: 13-20
<b>Thursday</b>	<b>9<sup>th</sup></b>		<b>Farmers Market at St Giles, Shipbourne</b>
<b>SUNDAY</b> <i>2<sup>nd</sup> before Lent</i> <b>Sexagesima</b>	<b>12<sup>th</sup></b>	<b>8.00am</b>	<b>Holy Communion at St Giles, Shipbourne</b>
		<b>9.30am</b>	<b>Matins at St Giles, Shipbourne</b>
		9.30am	“Still Small Voice” at Plaxtol Church
		<b>11.00am</b>	<b>“Still Small Voice” at St Giles, Shipbourne</b>
		11.00am	Parish Communion at Plaxtol Church
		Readings	Genesis 1.1-2.3; Romans 8: 18-25; Matthew 6: 25-end
<b>Thursday</b>	<b>16<sup>th</sup></b>	<b>9-11am</b>	<b>Farmers Market at St Giles, Shipbourne</b>
<b>SUNDAY</b> <i>Sunday next before Lent</i> <b>Quinquagesima</b>	<b>19<sup>th</sup></b>	8.00am	Holy Communion at Plaxtol Church
		<b>9.30am</b>	<b>Parish Communion at St Giles, Shipbourne</b>
		10.30 for 11.00am	Refreshments followed by Community@11 at Plaxtol Church
		Readings:	Exodus 24: 12-end; 2Peter 1: 16-end; Matthew 17: 1-9
Ash Wednesday	<b>22<sup>nd</sup></b>	10.00am	Benefice Holy Communion with Ashing (said) at Plaxtol Church
		8.00pm	Benefice Holy Communion with Ashing (sung) at St Giles, Shipbourne
<b>Thursday</b>	<b>23<sup>rd</sup></b>	<b>9-11am</b>	<b>Farmers Market at St Giles, Shipbourne</b>

Saturday	25 <sup>th</sup>	9.30-11am	Community Bread Basket at Plaxtol Church
<b>SUNDAY</b> <i>1<sup>st</sup> Sunday of Lent</i>	<b>26<sup>th</sup></b>	<b>8.00am</b>	<b>Holy Communion at St Giles, Shipbourne</b>
		<b>9.30am</b>	<b>Family Service at St Giles, Shipbourne</b>
		11.00am	Parish Communion at Plaxtol Church
		Readings:	Isaiah 9: 1-4; 1Corinthians 1: 10-18; Matthew 4: 12-23

## Gardens of England

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[www.gardens-of-england.co.uk](http://www.gardens-of-england.co.uk)

### ROYAL BRITISH LEGION POPPY APPEAL 2022

A huge thanks to Shipbourne residents and Farmers Market customers who generously donated to the Royal British Legion Poppy Appeal 2022. A total of **£301.40** was raised in Shipbourne and the area total exceeded **£8,000** for The British Legion. To find out more about how donations help, please visit [www.rbl.org.uk/poppyappeal](http://www.rbl.org.uk/poppyappeal).

## PASTORAL LETTER

### *February brings the...*

Do you remember that poem about the different months and the weather they bring? 'February brings the rain, thaws the frozen lakes again.' March wind... April showers... I wonder, too, if you've seen that the supermarkets already have chocolate Easter Eggs on their shelves?

Easter is a lunar festival – it's always on a Sunday, but it's always a different date, and the date can vary as much as 28 days, a full cycle of the moon, from year to year. This year Easter comes quite early: April 9<sup>th</sup>. That, in turn, means that Lent comes early: by the end of this month, Lent will have begun. Ash Wednesday falls on 22<sup>nd</sup> February. There will be traditional services with ashing and Holy Communion at 10am in Plaxtol, and at 8pm in Shipbourne.

Lent is a period of preparation before Passiontide, Holy Week and Easter, and centuries of practice bring four 'Lenten Disciplines' to the foreground: fasting, prayer, study and almsgiving (charity). Over the past few years, we've had to be really careful about how we do all this because of social distancing during the pandemic, but I anticipate we should be fairly unrestricted this year.

In 2018 and 2019 we held simple soup lunches in church each Thursday at 12.30pm, week-about between Shipbourne and Plaxtol. We hope to begin this again but will need offers for catering – a big pan of soup and a couple of baguettes to share is all it takes. We will enjoy each other's company as we share a simple meal, and say a little service of Midday Prayer together, whilst taking the opportunity to contribute towards the cost of giving a Bible to very school leaver in both our village schools in the summer. This way, at least three of the Lenten disciplines can all work together.

What about the discipline of study? I'm still working on that! We don't have so many offers of help this year, which would otherwise enable us to offer different themes and different learning styles at different times of the day and on different days of the week. So, I am keen to have a go at the 'Lent Lectures' style, the first being on Tues 28<sup>th</sup> Feb, 8pm in Plaxtol Church:

**Making Believe: the Christian Creeds, and Faith in the 21<sup>st</sup> Century.**

***Peter Hayler, Rector***



## Community Bread Basket

9:30 - 11:00 on Saturday 25<sup>th</sup> February 2023

In Plaxtol Parish Church  
*Café style Breakfast*

*All welcome*

United Benefice of Shipbourne with Plaxtol  
Collections for Chatham Foodbank

*Boxes will be placed in both our churches over the fourth weekend of each month for donations of food and toiletries, to coincide with our Community Bread Basket event.*

### **FOODBANK COLLECTIONS FOR ALL SAINTS' COMMUNITY PROJECT, CHATHAM**

Due to lockdown restrictions it has been difficult to support our link church All Saints', Chatham with food products. However, we are now able to resume our support and, now more than ever, our help is needed.

The All Saints' Community Project helps individuals and families who have an urgent need for food. They also have ongoing projects, groups and a café through which they support people. For more information on the project please visit their website: [www.allsaintscommunityproject.org.uk](http://www.allsaintscommunityproject.org.uk)

#### **Here's how we can help:**

- Each month: with Community Bread Basket (CBB), we will have boxes out in both Shipbourne and Plaxtol Churches for the collection of food items.
- The money raised by the sale of books at CBB will go into a fund that provides a free hot breakfast to those who otherwise couldn't afford it.

Thank you for your help

***Donna Hayler***

### **SHIPBOURNE HELP-YOURSELF-SHELF**

If you are experiencing food hardship, please help yourself.

If you would like to contribute to the relief of those suffering food hardship, please add to the shelf (tea, coffee, hot chocolate, long-life milk, pasta, rice, oats, muesli, tins or jars for easy healthy meals). If the shelves are full, please bring you gift at a later date.

If you know people in need, please encourage them to use this facility.

*Discrete cupboard located at the back of St Giles, next to the font.*

### **SHIPBOURNE WI**

A belated Christmas party was held at our first meeting of the New Year, complete with Secret Santa and an impressive tea. We were delighted to welcome a number of new members to our party, which was a very happy event. Preceding the tea, the speaker, Dee Larcombe, described her Five Years of Living and Nursing in India. Dee and her husband began their work by writing to a leprosy worker in India, where leprosy was prevalent. They had to travel overland with their new baby to reach India, and had many hair-raising experiences, both on their journey, and when they arrived.

Their work included working in a Leprosy Mission hospital, training health workers in the villages to identify early signs of leprosy, so that medication could be used immediately, and also running an orphanage for girls. Clearly their work was invaluable, and they still visit India regularly

The Book Club met for the first time since November, and we discussed "Becoming", by Michelle Obama. Although quite lengthy, members enjoyed the book, with insights into her early life in Chicago, and the years in the White House. Our next book is The Glass House by Eve Chase.

The subject of our next meeting on 8th February is "The Remarkable Story of Great Ormond Street Hospital", which should be very interesting

The Walking Group is planning to sally forth on 20th February, weather permitting!

**Glynis Coates**

### **SHIPBOURNE SCHOOL**

Term has started once again, and we have all returned after our Christmas break refreshed and raring to go. Last term finished well with lots of Christmas activities, including a trip to the pantomime at the EM Forster theatre, bauble making and a visit from Santa, plus a lovely Christmas Service at St Giles' Church led by Rev. Hayler. We also enjoyed welcoming parents into school once again to watch our Nativity performances and to join a DT lesson with their children. As always, the term sped by incredibly quickly, but we are all very proud of everything that we have achieved so far this academic year.

This term, class topics are geography based, focusing on UK cities, coastlines and rivers. Tinley Class will once again be visited by Steps in Time to find out about the Great Fire through drama and will continue Forest School on the Common. Fairlawne class will be visiting Horton Kirby to complete a river study and both Hampton and Fairlawne classes will be visiting the Chatham Synagogue to extend their learning in RE. As we progress through the rest of the year, we would love to introduce our children to all the different career options awaiting them. If you would like to share your experiences with us, please do make contact via our office so that we can discuss possible class visits or assembly presentations.

We wish you all well for a happy and healthy 2023!

**Terri Daters**  
**Head, Shipbourne School**



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## Plaxtol Players

**Question:** Who said this? “The Pub Quiz is a uniquely British invention. It combines our two great loves: drinking and being right”

**Answer:** James Graham in the 2018 West End play “Quiz”

**Question:** Which of the following statements are true?

- (a) The Plaxtol Players are once again producing a fun-filled Quiz Night
- (b) Date is Saturday March 18<sup>th</sup> 2023
- (c) Venue is the Memorial Hall
- (d) Doors and Bar open at 7.30pm
- (e) Tickets, including Cheese Board: £10

**Answer:** All of the above!

**Question:** How can I get more information and reserve tickets and/or tables?

**Answer:** Contact [info@plaxtolplayers.co.uk](mailto:info@plaxtolplayers.co.uk)  
or Sandy Oram on 01732 811494

## MARCH NEWSLETTER

Please send any articles and adverts for the March Newsletter by

**15th February 2023.**

A digital version of the Newsletter is also uploaded on  
[www.shipbourne.com](http://www.shipbourne.com).

Please email articles to [lindsay\\_miles@btinternet.com](mailto:lindsay_miles@btinternet.com) or  
call 01732 810439.



## Springtime at Ightham Mote

The House at Ightham Mote is reopening to welcome guests on the 27<sup>th</sup> of February and there's so much to see and do this Spring.

Ightham Mote will be hosting Compton Verney's touring exhibition **The Lost Words** from Monday 27<sup>th</sup> February to Monday 29<sup>th</sup> May 2023, featuring poems and original art.

Little ones can get involved too with our FREE outdoor eye-spy trail, help to discover The Lost Words by finding the missing words in five poems hidden around the garden.

Until March, your four legged friends can also join you in the garden on leads. If you need some replenishment, enjoy a coffee and light bite in the café, dogs can join you on the covered veranda too.

If you are looking for a new challenge for the new year, we're looking for volunteers to help us bring the magic of Ightham Mote to our visitors. If you are interested in volunteering, please email:  
[IghthamMoteVolunteering@nationaltrust.org.uk](mailto:IghthamMoteVolunteering@nationaltrust.org.uk)

To see what else we have going on, please visit:  
[nationaltrust.org.uk/ightham-mote/whats-on](http://nationaltrust.org.uk/ightham-mote/whats-on)



**YOUR CHANCE TO APPLY FOR TICKETS –  
APPLICATION WINDOW CLOSES 28th FEB 2023**

**IN CELEBRATION OF 20 YEARS OF  
SHIPBOURNE FARMERS MARKET**

**MICHEL ROUX JR RETURNS TO  
SHIPBOURNE**

**TUESDAY 16<sup>TH</sup> MAY 2023**

**THE CHASER INN GARDEN, SHIPBOURNE**

**Canapés with Kentish sparkling wine**

**SHIPBOURNE'S OWN CELEBRITY CHEF, MICHEL ROUX JR and his team**

**will then treat us to a magnificent MEAL**

**with produce supplied by the market, and Kentish wines**

**PLUS ENTERTAINMENT**

**SILENT AUCTION** (in aid of Agricultural Charities and St Giles Church)

**SOUVENIR PROGRAMME & GOODY BAG** from our Market Producers

**Ticket price: £140 per head\***

**Tables can be made up of 8–10 persons or individual tickets can be  
requested for mixed tables**

**WE ARE ALSO LOOKING FOR UNIQUE SILENT AUCTION PRIZES**

**as well as sponsors for the hiring of the marquee, tables and tableware**

To apply for tickets or if you are able to sponsor or donate an  
item/experience for the silent auction, please email the team at

**[rouxdinner@gmail.com](mailto:rouxdinner@gmail.com)**

*\*Payment only requested once tickets are confirmed. Tickets are limited and  
fairly allocated after the application window closes on 28<sup>th</sup> Feb 2023.*

**SHIPBOURNE PARISH COUNCIL**

The contact details for the Parish Council are:

Shipbourne Parish Council

Clerk – Mrs Sarah Huseyin

Gable Cottage

Ismays Road

Ightham TN15 9BE

e-mail: [shipbourneparishcouncil@gmail.com](mailto:shipbourneparishcouncil@gmail.com)

Telephone: 01732 886402

**PARISH MEETINGS**

The Parish Council meetings usually take place on the second Monday of each month (except August) at 7pm and the agenda will be posted a few days beforehand on the noticeboard in the bus shelter opposite The Chaser and on the Parish website. If you have anything that you would like to raise or would like to join the meeting, please email the Parish Clerk [shipbourneparishcouncil@gmail.com](mailto:shipbourneparishcouncil@gmail.com). Please visit our website **[www.shipbourne.com](http://www.shipbourne.com)** for further details. ***Our February meeting will be held one week earlier, on Monday 6 February at 7pm and will start with a presentation on Climate Change:***

**CLIMATE CHANGE**

**Shipbourne Parish Council Climate Change Strategy and Action Plan launch Monday 6<sup>th</sup> February 7pm-7.30pm Shipbourne Village Hall**

You are invited to a winter get together to hear about Shipbourne's recently adopted Climate Change Strategy. Join us at our meeting at 7.00pm for refreshments to hear more about our strategy and how we can all contribute to mitigating climate change and reduce our carbon footprint.

Shipbourne Parish Council declared a Climate Emergency in 2019 and are working towards net Zero by 2030. The Parish Council are putting together an audit and have found that our carbon footprint is low. Milage for Parish business is minimal as most Councillors walk to the meetings or only travel a short distance. Many external meeting and training sessions are now held virtually which had reduced the milage considerably. We only meet 11 times a year so use a minimal amount of electricity in the village hall. Councillors have been encouraged to view meeting papers online so we have also reduced the amount of paper and printing ink that we use. If

you want to work out your carbon footprint, there are many resources online.

**At our October meeting, we adopted a Climate Change Strategy and Action Plan. This is now available on our website under Policy or via the Parish Clerk at [shipbourneparishcouncil@gmail.com](mailto:shipbourneparishcouncil@gmail.com)**

**PLANNING APPLICATIONS – FEBRUARY**

<https://www.tmbc.gov.uk/planning-applications-appeals/planning-view-comment-planning-applications>

**KALC AWARD**

At the December meeting of the Parish Council, Libby Cohen was presented with the KALC Award for services to the community. Libby had over 20 years on the Parish Council with 10 years as Chair and where her planning expertise was invaluable. Libby was also involved with various other projects in the village including securing of a reduction in the speed limit from 40mph to 30mph, putting together the Shipbourne Design Statement, changes to signage, The Shipbourne Archives, The 1914-18 Exhibition and work on footpath MR392. Cllr Tyler presented the Award and thanked Libby for being an enthusiastic supporter of Shipbourne.



Our friendly group is one of 13 Ramblers groups in Kent and part of the national Ramblers walking organisation. We explore the beautiful countryside of Tonbridge and Malling and surrounding areas.

Walks usually start mid-morning. There's a short break half-way through (bring refreshments) and we usually finish near a pub.

You don't have to be a Ramblers member to try a couple of walks with us, to help you decide if you'd like to join. If you're new to our walks, it's a good idea to contact the walk leader beforehand to check that their walk will suit you.

For details of all our mid-week and Sunday walks, start times and locations, and walk leader contacts, see **[www.tonbridgeandmallingeramblers.org.uk](http://www.tonbridgeandmallingeramblers.org.uk)**.

Wednesday 8 February	Linear walk from Wrotham to Otford along the North Downs Way, returning by train to Borough Green and walk back to Wrotham. Moderate difficulty.	7.2 miles
Sunday 19 February	Circular walk from Otford up and along the Darent valley. Moderate difficulty.	5 miles
Wednesday 22 February	Leisurely circular walk from West Peckham to Hadlow via the Greensand Way and Oxon Hoath estate with fine views of Hadlow Tower.	5.3 miles
Sunday 26 February	Circular walk from Wrotham to Stansted passing a couple of war memorials. Includes a stiff climb to the top of the ridge for great views of the Downs. Moderate difficulty.	5.2 miles



## What to do with a broken household item?

### BRING IT TO THE REPAIR CAFE

where we will be repairing broken items together, giving professional advice and inspiring you to learn new skills

**FREE** Voluntary contribution welcome

**ENJOY** Refreshments at the St Stephen's Cafe

### REPAIRS OFFERED :

Electrical : Electronics : Mechanical : Wood : Clothing  
Textiles : China repair : Knife & Scissor sharpening

## 2023 Dates:

**Saturday 28 January**  
**Saturday 25 February**  
**Saturday 25 March**  
**Saturday 22 April**

**10am - 12:30pm**

Last repair accepted at 12:00pm  
or when capacity has been reached

**St Stephen's Church**   
Waterloo Road, Tonbridge TN9 2SW

## KCC PUBLIC CONSULTATION ON COMMUNITY SERVICES

Kent County Council (KCC) has launched a public consultation on its Community Services which runs from 17 January to 26 March 2023.

The consultation proposes changes to the way we use our buildings to deliver some of our community services. We invite your feedback on our proposals as part of this consultation.

### Why are we proposing changes?

The Council has experienced big increases in costs and has less money to spend. So we need to look ahead and do things differently to make sure we can still help residents in the years to come. Whilst ensuring effective support for residents who need our services, we need to:

- tackle the rising costs of maintaining our many buildings
- find savings, so we can balance the budget
- reduce our carbon footprint to meet our Net-Zero ambitions.
- 

### What services are included in the proposals?

Children's Centres and Youth Hubs, Public Health Services for Children and Families, Community Services for Adults with Learning Disabilities, Community Learning and Skills, and Gateways.

### What are we proposing?

- Having fewer permanent buildings, meaning that some of our buildings would close - we want to keep buildings in areas where they are needed the most
- Co-locating more of our services, meaning more than one service would be available from some of the buildings you might visit
- Continuing to deliver some services by outreach, which means they do not take place in a dedicated or permanent space, but move around to when and where they are needed
- Ensuring residents can continue to access services and information online.
- 

Our proposals have been designed by considering where there is greatest need for our services.



### **Find out more and share your views**

Please visit [www.kent.gov.uk/communityservicesconsultation](http://www.kent.gov.uk/communityservicesconsultation) to find out about the proposals for your area. You can respond to the consultation by using the online questionnaire (or download the Word version).

On our website you will also find a list of our drop-in events where you can come along to talk about the proposals and ask your questions.

KCC's Kent Communities Programme Team  
[communityservicesfeedback@kent.gov.uk](mailto:communityservicesfeedback@kent.gov.uk)

### **"BECOMING A LOCAL COUNCILLOR" EVENTS:**

#### **Tuesday 21 February 2023 & Tuesday 21 March 2023**

Do you know of individuals in your parish who have expressed an interest in becoming a Councillor or that you feel would make an excellent Local Councillor? The Kent Association of Local Councils will be providing online awareness raising events about becoming a Local Councillor once a month, starting from January. These one-hour evening events will be ideal for individuals who want to know more about what being a local councillor entails. These events will take place at 7pm on: Residents can register to attend these events via the KALC Training & Events web pages: [www.kentalc.gov.uk](http://www.kentalc.gov.uk)

### **THE WEATHER IN DECEMBER**

The average day temp. was 9.3<sup>0</sup>c, the average night temp was 1.7<sup>0</sup>c, the highest day was Tuesday 20<sup>th</sup> with 14.5<sup>0</sup>c, and the lowest night was Friday 16<sup>th</sup> with -10<sup>0</sup>c, the total rainfall was 98mm, with an average over the last 30 years of 91.5mm, the highest month was December 2013 with 165mm, the lowest month was December 2016 with 12mm. We had approximately 10 nights of frost ranging from -1.0 to -10<sup>0</sup>c, generally most winters a freeze lasts up to a fortnight, there are exceptions where a freeze has lasted months (before my records began).

**Lionel Stielow**

### **FEBRUARY AT SHIPBOURNE FARMERS MARKET**

#### **'BUY LOCAL' - MAKE THIS YOUR YOUR NEW YEAR'S RESOLUTION!**

**Save money by shopping locally.** You'll eat more healthily, food will taste better and you'll be supporting both the local economy and our small local producers.

Up to September last year we experienced one of best years (in terms of both weather and number of visitors) at the market (5300) Then the rain came! End September, October and November were very wet. Fortunately December and especially the last two markets were rain free and very busy.

Although there have been a few food price increases, the market has yet to experience anything like the food cost increases we continually hear about in the news. So save money and improve your health by shopping at the market. 'Happy new Year!'

#### **WHAT'S AVAILABLE AT THE MARKET**

##### **Fish**

Colder seas attract lemon sole, halibut, skate, turbot and monkfish close to our shores, and shellfish fans should keep an eye out for clams, mussels, oysters and cockles. Scallops come into season later this month. Try them wrapped in streaky bacon. They are also delicious pan-fried and serve on a creamy puree of seasonal cauliflower.

##### **Meat**

For meat eaters, game is again an excellent choice for seasonal healthy eating. It is full of flavour and is best enjoyed griddled, quickly stir-fried or in a meaty stew. Venison, guinea fowl, wood pigeon, are all good in February, while the comfort eaters amongst you might try mutton for its rich taste,

Serve your meat with cabbages and brassicas, you'll find them at their freshest and crunchiest at this time of year. Savoy cabbage, cauliflower, kale, sprouts, sprout tops and purple sprouting broccoli all work perfectly in stir fries and curries, or perhaps serve them simply shredded and steamed tossed with a little seasoning and a dash of cold pressed rapeseed oil. Main crop potatoes, parsnips and turnips provide the starch that keeps us going in the cold so mash

them together with a little seasoning and butter as a side to your game dishes.

Our **'Click and Collect** On-line system' is up and running again. By ordering on line you reserve your order (just pick up from the Producer), no need to rush!. Go to [www.shipbournefm.co.uk](http://www.shipbournefm.co.uk) and start shopping !

## COOKERY CORNER

### BAKED SEA BASS WITH POTATOES, PEPPERS AND PRESERVED LEMONS

This is a simple and quick method of cooking any fish as it's incredibly simple and quick. It works with either fillets or whole fish and all you need is a salad or steamed green veg such as broccoli for a healthy meal.

*Serves 2 / Prep 10 minutes / Cook 40 minutes*

- 300g waxy potatoes, scrubbed and thinly sliced
- 1 Romano red pepper, seeded and sliced
- 1 preserved lemon, roughly chopped
- 1 large clove garlic, finely chopped
- 3 fresh bay leaves, torn in half
- 2 sea bass fillets (about 150 – 200g each), skin left on
- 2 tbsps extra virgin olive oil

1 Preheat the oven to 200C gas mark 6. Add potatoes, pepper, lemon, garlic and bay leaves in a bowl with half the olive oil and seasoning and toss together to combine. Spread over the base of a roasting pan or baking dish that will fit the fish fillets neatly. Bake in the oven for 25 – 30 minutes until nearly tender and starting to brown at the edges.

2 Remove from the oven and turn the potatoes carefully to bring any un-browned bits to the surface. Arrange the fish fillets on the top, skin side up. Drizzle with the remaining oil and return to the oven for 10 -12 minutes until the fish is cooked through. Serve on warmed plates with a green salad and a glass of chilled white wine.

*Recipe courtesy of Mary Gwynn, who is a local author and food writer. She writes regularly for Waitrose Weekend newspaper and has published several cookery books, including The WI Cookbook: The First 100 Years and The Busy Mum's Cookbook.*



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**Shipbourne Village Hall**  
**Registered Charity No 1074519**

The Hall can be hired for £15 per hour with a minimum of 4 hours (£60.00).

It has an attractive secure garden with a good gate that can be closed. Inside there is wheelchair access through the rear door, a well-appointed kitchen, the main hall and an adjoining side room plus all usual facilities.

For Village Hall **enquiries and bookings** please call 01732 811144 or 07762 241720 or email [shipbourne.villagehall@gmail.com](mailto:shipbourne.villagehall@gmail.com)

Further details can be found on the Shipbourne website  
[www.shipbourne.com](http://www.shipbourne.com)



**The Kentish Rifleman**  
**Dunk's Green, TN11 9RU 01732 810727**

Born in the 1500s, our traditional family run pub is open daily from 11.30am. By the cosy fire or out in the beer garden, we offer home-made food, local beers, a lovely selection of wines and spirits and a friendly atmosphere. Please book your table on 01732 810727 or on our website.

We look forward to seeing you soon.

[www.thekentishrifleman.co.uk](http://www.thekentishrifleman.co.uk)

**FROM YOUR MEMBER OF PARLIAMENT**

We're now over a month from Christmas and the New Year is well underway. I for one am glad to be slowly seeing the back of the dark mornings and am very much looking forward to the better weather that the Spring and Summer months bring.

There is much to look forward to in 2023 One of the highlights of the year is my annual Apprenticeships Fair, which a number of MPs across West Kent team up to organise. It is always a wonderful event that I know so many young people find very useful. This years Fair takes place on Friday 10 March 2023 at Maidstone Leisure Centre. We have a number of students coming and if you would like to as well, please drop me an e-mail to [tom.tugendhat.mp@parliament.uk](mailto:tom.tugendhat.mp@parliament.uk).

I will also be continuing with my role in Government as Security Minister. As I'm sure you can imagine it is a big job that takes up an awful lot of time. My work at the Home Office is all aimed at keeping us safe, and at the moment I am spending a lot of time working on the Economic Crime and Corporate Transparency Bill through Parliament. This Bill helps tackle dirty money, giving stronger powers for law enforcement to quickly seize and recover cryptoassets and cuts red tape so businesses can share information more effectively to prevent economic crime.

The next few months are sure to be busy but my priority will always be our community here in Shipbourne, and everyone I am lucky enough to represent across Tonbridge, Edenbridge and Malling. My office in Tonbridge remains open throughout the week and if you have any issues that you would like my help with, please feel free to get in touch. As a reminder my contact details are:

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**Tom Tugendhat**  
**Member of Parliament for Tonbridge and Malling**

## SHIPBOURNE CLASSIFIEDS

**Simple Domestic and Personal Advertisements**, up to four lines, are free to Newsletter readers. This free category includes items for sale or wanted, baby-sitting, dog walking, domestic needs etc. **To ensure Shipbourne Classifieds is kept up to date, each domestic/personal advertisement will be published in the Newsletter for three months and then removed unless requested otherwise.**

**Business Advertisements** up to four lines are charged at £1 per monthly issue or £10 for a whole year of 12 issues Also available are up to half-page display advertisements, charged at £10 per monthly issue, or £100 for a full year of 12 issues.

All revenue raised from Shipbourne Classifieds goes towards St Giles and the printing costs of the Newsletter.

**Disclaimer:** Please note that the St Giles and Shipbourne Newsletter cannot be held responsible for the quality of the goods or services advertised in the Newsletter.

**NEW: FOOT CARE PODIATRIST/CHIROPODIST** at my clinic in central Hildenborough. Gentle and effective care for your feet. Alice Neale MRCPod BSC Hons HCPC registered. Contact telephone 01732 832524 or text 07951949015 (01/24)

**NEW: VANGUARD PHOTO TRIPOD;** three sections with sturdy tubular legs, max height 1400mm, min height 560mm weight 1000g. Has a three way panning head and a quick release shoe that securely locks your camera to the tripod. Little used. £10.00. Please contact Clive on 07773 151796 (04/23)

**NEW: ACORN SUPAGLIDE 130 STAIRLIFT** Will fit straight stairs on the right hand side; the rack is 3785mm long, which will fit a standard-sized 13 tread staircase. The stairlift was installed for my father-in-law in August 2020, is in immaculate condition and has been regularly serviced. You will need to arrange collection from North Tonbridge and for installation in your home. £350.00. Please contact Clive on 07773 151796 for full details, to arrange a viewing and a test run! (04/23)

**FOR SALE. SAMSUNG NP300E LAPTOP** perfect working order voice activated Cortana, Windows and MS Office. £50.00 ovno. Call Sue on 01732810770/07874649850 (03/23)

**FOR SALE. CANNON PIXMA MG3200 PRINTER** perfect working order. Wi-Fi compatible including replacement cartridges and some paper. £30.00 ovno. Call Sue on 01732810770/07874649850 (03/23)

**LOCKSMITH SERVICES BASED IN SHIPBOURNE:** Hello local residents, my name is Paul. I can help if you have locked yourself out of your home or workplace or lost your keys. I can do lock changes, lock upgrades, new lock fittings. I can repair or replace any door or window mechanisms inc handles, hinges and letterboxes. Please call for a free quote or advice on 07795 254834 or email me on foxylocks kent@gmail.com (02/23)

**ORIGINALS IN PENCIL:** Local artist applying bespoke art to interior design for homes and businesses. I love to create the unique, the unusual, the talking piece of any room and the best gifts. Visit [www.originalsinpencil.co.uk](http://www.originalsinpencil.co.uk) to see a selection of my recent projects or contact me on [victoria@originalsinpencil.co.uk](mailto:victoria@originalsinpencil.co.uk) or 07711 038484. (02/23)

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**KINDLING:** Split softwood quality kindling sticks, neatly cut and bagged in large green or orange nets. These barn stored seasoned sticks are ideal for lighting woodburners, log fires or barbeques. £5 each or 3 nets for £12. C.O.D. Free delivery in Shipbourne. Ring Cilla on 810338 (02/23)

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